

**NEW  
training  
opportunity!**



This comprehensive, 6-hour National Safety Council (NSC) training helps ensure compliance with OSHA First Aid Standard 29 CFR 1910.151 for those individuals seeking First Aid and CPR/AED certification.

## Occupational First Aid, Adult CPR and AED Training for Small Companies

As a value-added safety service for our policyholders, Chesapeake Employers' Insurance is now offering first aid and CPR/AED training in 2016. Take advantage of our training programs to help protect the safety and health of your employees.

### Benefits of this training:

- Comprehensive classroom training
- Nominal cost; lower cost than other nationally recognized trainings\*
- Helps ensure OSHA compliance

This training course offers important life-saving skills for laypersons. The first aid section includes first aid basics and information on medical, injury and environmental emergencies. The CPR section presents basic adult CPR and covers the proper use of AEDs in cardiac and breathing emergencies.

Classes are limited to 24 people and are taught by Chesapeake Employers' Safety Management Consultants certified as NSC First Aid Instructors. An NSC certification card will be awarded upon successful completion of the training. The certification will be good for two years from the date of training.

### 2016 training dates:

Classes will be held from 9:00 a.m. - 4:00 p.m. at Chesapeake Employers' Insurance, 8722 Loch Raven Blvd., Towson, MD 21286, on:

- Weds., February 10, 2016
- Weds., May 11, 2016
- Weds., August 10, 2016
- Weds., November 9, 2016

Safeguard the safety, health and lives of your employees. To register, call Betsy Dorney, Safety Services Coordinator, at 410-494-2165 or email [edorney@ceiwc.com](mailto:edorney@ceiwc.com).



\* There will be a nominal charge (approximately \$13 per person) to cover training manuals. This training is intended for laypersons only and not for healthcare providers or those who work in a healthcare setting who are required to take a health care provider course for their employment.