

**CONTACT:** Claudia Ciolfi  
IWIF Communications  
(Phone) 410-494-2193  
(Fax) 410-494-2154  
cciolfi@iwif.com  
Twitter: @IWIFMedia

**RELEASE DATE:** April 19, 2012

## **Wellness symposium spotlights leading Maryland doctors**

*Drs. Brancati, Saunders and Shell lead panel on preventing and managing chronic conditions*

(TOWSON, Md.)— To help Maryland employers help their employees prevent and manage chronic conditions such as diabetes, lung disease and heart diseases, prominent Maryland doctors will lead a panel discussion during the third annual Maryland Workplace Health & Wellness Symposium to be held June 1 at the BWI Marriott.

The speakers include Dr. Frederick Brancati, director, Johns Hopkins Diabetes Prevention and Control; Dr. Elijah Saunders, cardiologist, University of Maryland Medical Center, and professor of medicine and head of hypertension, University of Maryland School of Medicine; and Dr. Donald Shell, acting director, Offices of Chronic Disease Prevention and Tobacco Control, Maryland Department of Health and Mental Hygiene.

In addition to preventing and managing chronic conditions, the symposium will explore workplace wellness issues affecting business owners and their employees. To see the [symposium agenda](#), visit [www.iwif.com](http://www.iwif.com).

The event is free, but reservations are required at [www.iwif.com](http://www.iwif.com), or by calling 410-494-2170. Continental breakfast and lunch are included.

(MORE)

The 2012 Maryland Workplace Health and Wellness Symposium is presented by IWIF and sponsored by Healthiest Maryland, Maryland Department of Health and Mental Hygiene, Office of Chronic Disease Prevention; Chesapeake Region Safety Council; CareFirst BlueCross BlueShield; and Business Health Services. The Baltimore Business Journal is the official media sponsor of the event.

Established in 1914, IWIF is the largest provider of workers' compensation insurance in Maryland. IWIF is a self-supporting insurance company that operates solely from premium and investment income.

###