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**CONTACT:** Claudia Ciolfi

IWIF Communications

410-494-2193

Twitter: @IWIFMedia

[cciolfi@iwif.com](mailto:cciolfi@iwif.com)

[www.iwif.com](http://www.iwif.com)

## Dr. Joshua M. Sharfstein, Leading Experts on Health to Speak at Maryland Workplace Health & Wellness Symposium

(TOWSON, MD) — *Members of the media are invited to attend the Maryland Workplace Health and Wellness Symposium, presented by IWIF, on Friday, June 3, 2011 at the BWI Marriott from 8:00 a.m. to 2:00 p.m.*

Maryland's Secretary of Health and Mental Hygiene Dr. Joshua M. Sharfstein; Lt. Governor Anthony G. Brown; nationally recognized workplace wellness authority Dr. Dexter W. Shurney of Vanderbilt University and Medical Center; and other healthcare experts are

scheduled to discuss the importance of employee wellness to control healthcare costs during a free Workplace Health and Wellness Symposium, June 3, 2011, at the BWI Marriott Hotel, from 8:00 a.m. to 2:00 p.m.

**Admission to the event is free and open to the media.**

Speakers include:

- **Maryland Lt. Governor Anthony G. Brown**, (invited)
- **Dr. Joshua M. Sharfstein**, Maryland's secretary of Health and Mental Hygiene
- **Dr. Dexter W. Shurney**, medical director, Employee Health & Care Plan, Vanderbilt University and Medical Center
- **Judith A. Shinogle**, Ph.D., research scientist, University of Maryland Baltimore County
- **Jacqueline Agnew**, Ph.D., Professor of Environmental Health Services, Bloomberg School of Public Health, Johns Hopkins School of Medicine
- **Dr. Richard S. Safeer**, director, Prevention and Disease Management, CareFirst BlueCross BlueShield

**What:** Maryland Workplace Health & Wellness Symposium  
**When:** Friday, June 3  
**Where:** BWI Marriott  
1743 West Nursery Rd.  
Baltimore, Md., 21090  
**Time:** 8:00 a.m. – 2:00 p.m.  
**Agenda:** Visit [www.iwif.com](http://www.iwif.com)  
**Media Contact:** Claudia Ciolfi, IWIF Communications,  
410-494-2193, [cciolfi@iwif.com](mailto:cciolfi@iwif.com), @IWIFMedia.

(MORE)

- **Timothy K. Michels**, Esq., executive vice president, Claims, IWIF Workers' Compensation Insurance
- **Donald J. Walsh**, Esq., principal, Offitt Kurman
- **Dr. Roger C. Merrill**, chief medical officer, Perdue Farms, Inc.
- **Dr. Craig D. Thorne**, vice president and national medical director, Employee Health and Wellness, Erickson Retirement Communities

Topics include:

- Overview of the healthcare crisis in America
- Importance of a healthy workforce to Maryland's economic vitality
- Overview of new healthcare reform legislation's impact on employers
- How to create a workplace wellness program and measure return on investment
- The legal environment and workplace wellness programs
- Health issues adversely affecting workers' compensation injury/illness claims
- The landscape of health and wellness programs in Maryland
- Best practices for implementing a successful workplace health and wellness program

This event is presented by IWIF Workers' Compensation Insurance. Event sponsors are: Maryland DHMH, Office of Chronic Disease Prevention; CareFirst BlueCross BlueShield; Chesapeake Region Safety Council; and Business Health Services.

Although the event is free, reservations are required and can be made by emailing [safety@chesapeakeesc.org](mailto:safety@chesapeakeesc.org), or calling the Chesapeake Region Safety Council at 1-800-875-4770.

Established in 1914, IWIF, [www.iwif.com](http://www.iwif.com), is the largest provider of workers' compensation insurance in Maryland. It is a self-supporting insurance company that operates solely from premium and investment income.

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